

## LONG TERM FORECAST

## Key Stage 1 & 2 PSHE

2014/2016 (PSHE is a non-statutory)

### Health and Wellbeing Pupils should be taught:

- what is meant by a healthy lifestyle
- how to maintain physical, mental and emotional health and wellbeing
- how to manage risks to physical and emotional health and wellbeing ways of keeping physically and emotionally safe about managing change, such as puberty, transition and loss how to make informed choices about health and wellbeing and to recognise sources of help with this how to respond in an emergency to identify different influences on health and wellbeing.

### Relationships Pupils should be taught:

- how to develop and maintain a variety of healthy relationships within a range of social/cultural contexts
- how to recognise and manage emotions within a range of relationships
- how to recognise risky or negative relationships including all forms of bullying and abuse
- how to respond to risky or negative relationships and ask for help how to respect equality and diversity in relationships.

### Living in the Wider World Pupils should focus on

- 'economic wellbeing and being a responsible citizen' and be taught: about respect for the self and others and the importance of responsible behaviours and actions
- about rights and responsibilities as members of families, other groups and ultimately as citizens
- about different groups and communities
- to respect equality and to be a productive member of a diverse community
- about the importance of respecting and protecting the environment
- about where money comes from, keeping it safe and the importance of managing it effectively
- how money plays an important part in people's lives
- a basic understanding of enterprise.

<b>Year 1/2</b>	Year A SEAL New beginnings /Internet safety/Citizenship Year B Good to be me /Being safe/Internet safety	Year A SEAL Getting on and falling out/ Community Year B Going for goals/ Healthy lifestyles	Year A SEAL Changes/Drug education Year B Relationships
<b>Other opportunities</b>	Health & Wellbeing (Sci)	Wider World (RE)	Health and Wellbeing (DT)Pride: Drugs awareness programme Wider World (Geography)
<b>Year 3/4</b>	Year A SEAL New beginnings /Internet safety/Citizenship Year B Good to be me /Being safe/Internet safety	Year A SEAL Getting on and falling out/ Community Year B Going for goals/ Healthy lifestyles	Year A SEAL Changes/Drug education Year B Relationships
<b>Other opportunities</b>	Relationships (Art)Wider World (RE)	Wider World (Geo/computing)	Health& Wellbeing (Science) Wider World (RE)
<b>Year 5/6</b>	Year A SEAL New beginnings /Internet safety/Citizenship Year B Good to be me /Being safe/Internet safety	Year A SEAL Getting on and falling out/ Community Year B Going for goals/ Healthy lifestyles	Year A SEAL Changes/Drug education Year B Relationships
<b>Other opportunities</b>	Wider world (Computing) Relationships (History) Health (Science)	Relationships (Computing)	Pride: Drugs awareness programme Relationships (Computing) Wider World (RE)

The SEAL units are introduced in the first week of each term as a whole school topic. The other areas of PSHE are taught where they fit the rest of the curriculum and issues are discussed as and when needed with the class teachers. Regular circle times and Assemblies allow pupils to reflect upon feelings and current issues. Every year there is an Anti-bullying week.

