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## Key Stage 2 Cooking and Nutrition

2014/2016

## Key stage 2

- 1. understand and apply the principles of a healthy and varied diet
- 2. prepare and cook a variety of predominantly savoury dishes using a range of cooking techniques
- 3. understand seasonality, and know where and how a variety of ingredients are grown, reared, caught and processed.

Current 5/6Year A	A1 Biscuit making and packing	DT only	DT only	
Current 5/6Year B	DT only	DT only	DT only	
Other opportunities	Science: Changing state History: Healthy Diet: History: WWII		DT: Bread Science: Growth of Humans	
	Geography: where and how foods are grown covered 3/4 Jungle?	Geography seasonality	History: Greeks feast? Covered 3/4 India ?	

During Enrichment weeks pupils will look in more detail at the growing and rearing of ingredients through a Global awareness and Fairtrade activities