

Three Week Dinner Menus

Name: Please write name here

Year: write year here

Week 1

Date: 4th September 2017

Monday	Tuesday	Wednesday	Thursday	Friday FAVOURITES
	Quorn Tikka Masala & Brown Rice Broccoli & Sweetcorn Herbie Bread	Homemade Sausage Roll Chipped Potatoes Baked Beans & Peas Sliced Wholemeal Bread	Chicken Fingers (Sage & Onion) Mixed Salad with Beetroot Baked Potatoes, Pitta Bread	Battered Fish Tomato Sauce Peas & Carrots Sticks, Potato Wedges, Sunflower Seed Bread
	<i>Jacket Potato and Tuna</i>	<i>Egg Mayonnaise Sandwich</i>	<i>Cream Cheese Sandwich</i>	<i>Jacket Potato & Cheese</i>
	Sticky Toffee Pudding & Custard	Strawberry Yoghurt & Biscuit	Pineapple Shortcake & Custard	Chocolate Crispie & Orange Quarter
	Yoghurt	Yoghurt	Yogurt	Yoghurt
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Week 2

Date: 11th September 2017

Monday	Tuesday	Wednesday	Thursday	Friday FAVOURITES
v Organic Pork Meatballs in Tomato sauce with Noodles Sweetcorn, Peas Wholemeal Bread	Cottage Pie Medley of Roasted Vegetables Savoy cabbage Pitta Bread	Roast Chicken, stuffing & gravy Carrots & Green Beans Parsley Potatoes Herbie Bread	Pizza Veg Sticks Chipped Potatoes Poppy Seed Bread	Breaded Salmon Fillet Tomato Sauce Broccoli & Carrots Potato Wedges Tomato Bread
<i>Tuna & Sweetcorn Wrap</i>	<i>Jacket Potato & Cheese</i>	<i>Cream Cheese Sandwich</i>	<i>Jacket Potato & Beans</i>	<i>Ham Sandwich</i>
Arctic Roll & Peaches	Apple Cinnamon Crunch Crumble & Custard	Krispy Date Crunch	Chocolate Surprise Cake & Chocolate Sauce	Swiss Bun
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit

Week 3

Date: 18th September 2017

Monday	Tuesday	Wednesday	Thursday	Friday FAVOURITES
v Roasted Vegetable Tomato Pasta Peas & Carrots Sunflower Seed Bread	Minced Beef & Dumplings Savoy Cabbage & Carrots Creamed Potatoes Crusty White Bread	Chicken Korma & Savoury Rice Broccoli & Cauliflower Naan Bread	Tex Mex Bake (Minced Beef & Potato layer) Green Salad & Tomato Salsa Poppy Seed Bread	Fish Fingers v Cheese & Potato Quesadilla Sweetcorn & Baked Beans Chipped Potatoes Wholemeal Bread
<i>Jacket Potato & Tuna</i>	<i>Egg Sandwich</i>	<i>Jacket Potato & Beans</i>	<i>Chicken Sandwich</i>	<i>Jacket Potato and Cheese</i>
Chocolate Semolina & Mandarins	Custard Cookie & Apple Wedge	Fruity Gingerbread & Custard	Autumn Marble Berry Sponge & Custard	Apple Cake Finger
Yoghurt	Yoghurt	Yoghurt	Yoghurt	Yoghurt
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit